

5 love languages TEST

*Please read the descriptions of the following items and circle the one that you think is closest to you (choose only one answer per number). Finally, write the sum of A, B, C, D, and E. Let's organize the results with reference to the last part of this article.

<Start>

<Test to find out my love language: By Gary Chapman>

1. I am happy to hear words of recognition from others - A

I want physical contact with my partner - E

2. I want some time with my partner - B

I feel love when others help me -D

3. I like receiving gifts - C

I like taking walks with my partner - B

4. I feel love when others help me -D

I feel love when I make light body touches with my partner - E

5. I feel love when someone hugs me - E

I feel love when I receive a gift from someone - C

6. I love going out with my partner - B

I like holding hands - E

7. I feel love when the other person recognizes me - A

Visible love (gifts) means a lot to me - C

8. I like sticking around - E

I'm happy when people tell me that they find me attractive - A

9. I like spending time with my partner - B

I like to receive small gifts from my partner - C

10. I feel love when others help me -D

Words that understand me are very important - A

11. I like doing things with my partner - B

I like friendly words from others - A

12. I feel complete when I hug my partner - E

I am moved by seeing actions for me rather than words of others -D

13. I like compliments and avoid criticism - A

I like to receive small gifts more often than large ones - C

14. I feel closer to my partner when they make physical contact frequently - E

I feel a sense of intimacy when I talk to someone - B

15. I feel happy when someone compliments me on something I do - A

I feel love when the other person is willing to do hard things for me -D

16. I like to hold hands (cross shoulders) when walking - E

I am very happy when the other person listens while empathizing with my story - B

17. I look forward to receiving presents from my partner - C

I feel love when I help others with their housework -D

18. I feel loved when someone compliments me on my looks - A

I feel love when the other person spends time with me to understand my feelings - B

19. I feel at ease when my partner gives me physical contact - E

I feel love for the hardships of those who help me -D

20. I want to thank the people who are doing the hard work for me -D
I feel happy when I receive a present prepared by someone else - C
21. I feel great when my partner focuses on me - B
I feel very happy when my partner does something for me - D
22. I feel love when my partner celebrates my birthday with presents - C
I feel love when you congratulate me on my birthday with meaningful words (written on a card, spoken, etc.) - A
23. I feel love when my partner helps me with the housework -D
When I receive a gift from someone, it seems they care about me and I feel their love - C
24. I feel love when my partner reminds me of a special day with a present - C
I would appreciate it if the other party listened to me with patience until the end - B
25. I love traveling with my partner - B
It makes me happy when people take an interest in the day-to-day work I do - D
26. An unexpected kiss excites me - E
Gifts for me excite me even when they are not special - C
27. I feel happy when the other person expresses gratitude to me - A
I like how people look at me while talking - B
28. Gifts from others always mean something special to me - C
I'm happy when my partner lightly touches my body - E
29. I feel love when someone tells me how much they appreciate me - A
I feel love when my partner does what I ask - D
30. I want light physical contact every day - E
I want words of encouragement from my partner every day - A

<How to see results>

Write the numbers for A, B, C, D, and E below.

The most frequent order will be the root (love language) that you feel love.

A - Words of Approval ()

Gain inner worth and stability through words of love and affection, compliments, support, encouragement, or recognition.

B - Time spent together ()

Time together is a time of focused attention that gives the other person attention. This is more about doing something together than just being together in space. Spending time with someone means saying, "You are important and I love being with you." Make you feel like you are the most important person in the world.

C - gifts(present) ()

Gifts that are given willingly and willingly as an expression of love, rather than in return for something, are meaningful gifts and symbols of love.

D - Service (behavior) ()

It is an expression of love to help others with their needs through direct action. Helping or doing something with your body, such as cleaning, tidying up, or playing together.

E - Skinship ()

Includes all physical contact such as hugging, kissing, and touching.